

PATIENT PARTICIPATION IN GUIDELINE DEVELOPMENT

THE DUTCH EXPERIENCE

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BACKGROUND

- Major role of **patients** (or: experts by experience) in the recent development of **Standards of Care** and multidisciplinary guidelines in Dutch addiction care
- The mental health Standards of Care are based on the conceptual framework of recovery
- The combination of knowledge from **scientific sources, practice and lived experiences**, characterizes the development of these standards and recently developed guidelines

ARGUMENTS

Scientific evidence is often derived from specific, well defined situations and from selected populations. Other sources of knowledge (practice based knowledge and lived experience) are needed to guarantee appropriate and effective care methods in natural contexts

DISCUSSION

Does patient participation lead to improvement of:

- Implementation of the Standards of Care?
- Effectiveness of care?
- Client satisfaction?

KEY PROPOSITIONS

- Recovery based addiction care needs involvement of patients and their relatives in the development of new guidelines and Standards of Care, with social and personal recovery as a goal
- Knowledge from lived experience can effectively complement scientific knowledge in different aspects of recovery (symptomatic recovery, social recovery and meaningful living)

*The authors have no conflict of interest



Patient participation in the development of Standards of Care means that patients, relatives, caregivers, and patient representatives have an active contribution in the process of development and content, with meaningful consequences

Recovery based addiction care aims to improve:

- Symptomatic recovery
- Functional recovery
- Social recovery
- Personal recovery

DEVELOPMENT OF STANDARDS OF CARE IN DUTCH MENTAL HEALTH CARE

